



Ball Skills - Nursery

PE KNOWLEDGE ORGANISER



Teacher Glossary

Word	Definition	How do I do this?
Dribble	To move the ball using your feet or your hands	Know that keeping the ball close will help with control.
Receive	To collect or stop a ball that is sent to you using either your hands or feet.	Know that your foot must be flat to stop the ball. Know that you must be tracking the ball. Know that you need two hands to receive.
Safe space	Space away from other people and objects.	Know that when your arms are spread out wide and you can touch someone, you are too close.
Travelling action	Run, hop, jump, side step, skip, gallop etc.	Being able to get from one side of the hall/playground to the other using movement.

Key Skills - Physical

Rolling a ball
 Stopping a rolling ball
 Throwing at a target
 Bouncing a ball
 Dribbling a ball with feet
 Kicking a ball

Key Skills – S.E.T

Social: Co-operation
 Social: Supporting others
 Emotional: Honesty
 Emotional: Perseverance
 Thinking: Using tactics
 Thinking: Decision making

team

listen

Inspiring Athlete

Marcus Rashford



Assessment Criteria

- I am beginning to negotiate space safely.
- I am beginning to explore a range of ball skills.
- I am beginning to take turns with others.
- I can make guided choices.
- I persevere with support when trying new challenges.
- I play ball games guided by the rules with support.

stop



space

kick

Key Vocabulary for children



roll



throw

safely



bounce

