



RE KNOWLEDGE ORGANISER

Year 4 – Topic 6- Lent

ESSENTIAL VOCABULARY

Self-discipline	Being in control of choices. This could look like saying 'no' to temptation or being really dedicated to completing something.
Effort	The amount of resilience or energy you give to something.
Potential	having or showing the capacity to develop into something in the future.
Penance	Saying sorry
Contrition	the state of feeling remorseful and penitent .
Lent	a period of fasting and regret for one's sins that is observed on the 40 weekdays from Ash Wednesday to Easter by many churches
Easter	the most important and oldest festival of the Christian Church, celebrating the resurrection of Christ
Resurrection	Christ coming back to life.
Fasting	Giving up something e.g. food
Alms Giving	the practice of giving money or food to poor people.



Liturgical/prayer links

The stations of the cross
Sorrowful mysteries of the Rosary
Prayer
Fasting and Alms Giving
Easter
New life

Key questions:

How can I be self-disciplined in the choices I make?
How will self-discipline help me to grow and reach my full potential?

Reveal

Celebrating growth to new life through self-discipline.

LINKS TO PREVIOUS LEARNING

YEAR 3-GIVING- GIVING ALL.

RE CURRICULUM DIRECTORY

Area of Study 1: Knowing and loving God, the Scriptures, Creation, the Trinity, Jesus Christ, Son of God
Area of Study 2: What is the Church? One and holy, Catholic, Mission
Area of Study 3: Liturgy, prayer
Area of Study 4: The dignity of the human person, freedom, responsibility and conscience, the human community, love of God and love of neighbour.

Scripture:

Matthew 6:2-4 Matthew 27:39-56
Luke 6: 27-28, 32-36
Matthew 6: 2-4
John 13: 4-9, 12-15
Mark 15: 23-41

