



# Y1 Fruit or vegetable salad **DT KNOWLEDGE ORGANISER**

ESSENTIAL VOCABULARY	
Wash, peel, core, cut, grate	Processes of making the fruit or vegetable ready to eat
Knife, grater, peeler	Kitchen utensils needed to make the salad
Wheel mechanism	Allows a picture to move in a circle on the page

Design development
<ul style="list-style-type: none"> <li>● <b>Research</b> Find out which fruits and vegetables are most popular in the class and create a pictogram to show this. Prepare different foods for eating through washing, peeling, coring, slicing, grating Name and taste a variety of fruits and vegetables</li> <li>● <b>Design</b> Design a recipe using fruit and or vegetables Decide which fruits or vegetables to use Decide how to prepare the food to be colourful</li> <li>● <b>Make</b> Using the design, make the healthy recipe Take a photo of the salad Eat the salad</li> <li>● <b>Evaluate</b> How do you feel about your finished salad? Is it as you expected? Is it tasty, healthy and colourful?</li> </ul>

Key Skills (skills to practise and perform)
<ul style="list-style-type: none"> <li>● Prepare foods safely and hygienically.</li> <li>● Cut</li> <li>● chop</li> <li>● slice</li> <li>● Grate</li> <li>● Core</li> </ul>



Outcomes
Make own recipe with fruits and/or vegetables to be tasty, colourful and healthy